

Materials and Methods: Data was collected prospectively of all patients who presented to the rapid-access clinic with a history of trauma over a 58-month period. This included mechanism of injury, any history of immediate bruising and when discovery of the lump was made. Information regarding anti-coagulation therapy was also collected. Appropriate imaging was performed and core biopsy was only taken to confirm malignancy, benign lesions unrelated to trauma or where there was diagnostic uncertainty. Lumps related to trauma were followed-up at 3 months to ensure resolution.

Results: A total of 63 patients were seen with a history of trauma, the cause of which were falls (40%), road traffic accidents (17%), miscellaneous (17%) and those of unknown origin (26%). Biopsies were performed in 22 (35%) patients. Of these, 14 proved to be incidental findings following trauma: 8 were malignant (36%) and 6 benign (27%). The remaining results of biopsies were trauma-related with 1 haematoma (5%) and 7 diagnoses of fat necrosis (32%). The table demonstrates our findings.

	Diagnosis	Number	Anticoagulant use	
			Yes	No
Incidental	Malignant	8 (13%)	5 (16%)	27 (84%)
	Benign	24 (38%)		
Trauma related	Fat necrosis	9 (14%)	12 (39%)	19 (61%)
	Haematoma	22 (35%)		

Conclusions: 51% of patients presenting to our breast clinic in this population were found to have incidental findings highlighted as a result of their trauma. The diagnosis of the remaining 49% was directly related to trauma. These patients often presented with an earlier history of bruising and their diagnosis was confirmed radiologically. Thereby avoiding the need for a biopsy and further trauma to the area.

Those presenting with a history of trauma but no bruise and the discovery of a lump are likely to have an incidental finding. In our series, 25% of the patients in the incidental group were found to have an underlying malignancy. Therefore, in this population a complete triple assessment is required.

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Poster

Role of axillary ultrasound in staging breast cancer – a prospective study of 417 patients in a specialist breast unit

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Background: In newly diagnosed breast cancer, assessment of the axillary lymph node status is the most important component of the initial staging process, because of its impact on subsequent management and prognosis. Aim of the study was to evaluate the efficacy of Axillary Ultrasound in predicting axillary lymph node metastases and to assist in pre-operative planning in newly diagnosed breast cancer patients.

Methods: All patients with suspected breast cancer from September 2005 to March 2009 underwent Axillary ultrasound evaluation by two experienced breast radiologists. Features of malignancy were systematically assessed in all sites of the axillary lymph node groups. Patients who did not have operative intervention and who had micro-metastases on final histology were excluded from the study. Lymph node positivity on ultrasound was correlated with final histology after surgery. Routine FNAC or core biopsy of abnormal lymph nodes was not undertaken. Patients with equivocal lymph nodes were subjected to ultrasound guided biopsy in the later half of the study.

Results: Sample population was 417(n). Nine patients had micro-metastasis and were excluded. Ultrasound was positive for metastases in 79 patients, out of which 63 (80%) were positive on histology. Ultrasound was negative in 338 patients, out of which 58 were node positive on histology. Overall accuracy was 86% with ultrasound, with a specificity of 95% and sensitivity of 57%. Positive predictive value for the test was 82%. In the second half of the study, ultrasound guided biopsy was performed on equivocal lymph nodes (n=13) which improved the overall positive predictive value in this group to 97%.

Conclusions: Axillary ultrasound is highly specific in diagnosing lymph node metastases in breast cancer, however less sensitive. A selective approach of ultrasound guided biopsy in equivocal lymph nodes definitely improves positive predictive value of the test and hence should be utilised. Axillary ultrasound has a definite role as an adjunct in staging newly diagnosed breast cancer.

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Poster

Diagnostic and prognostic value of 18F-fluorodeoxyglucose positron emission tomography/computed tomography fusion imaging (18F-FDG PET/CT) in detecting multifocality and axillary lymph node metastasis and correlation of clinicopathologic factors in primary breast cancer

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Background: The aims of this retrospective study were to evaluate the diagnostic value of 18F-fluorodeoxyglucose positron emission tomography/computed tomography fusion imaging (18F-FDG PET/CT) for the detection of multifocality and axillary lymph node metastases and would be to determine the predictive value of poor prognosis in primary breast cancer.

Materials and Methods: Fifty female patients with invasive breast cancer were recruited. They underwent 18F-FDG PET/CT before surgery. The sensitivity, specificity, positive and negative predictive value (PPV, NPV) were determined and compared with other image modalities (ultrasonography, USG and magnetic resonance imaging, MRI). Also, clinicopathological correlation with the level of maximum standardized uptake values (SUV) were examined.

Results: In the detection of multifocality, the sensitivity, specificity, PPV and NPV of 18F-FDG PET/CT were 75.0, 95.7, 60.0 and 97.8% and those of USG were 100.0, 89.1, 44.4, and 93.2% and those of MRI were 100.0, 85.7, 50.0, 100.0%, respectively. In the detection of axillary lymph node metastases, the sensitivity, specificity, PPV and NPV of 18F-FDG PET/CT were 57.9, 100.0, 100.0 and 79.5% and those of USG were 57.9, 87.1, 73.3 and 77.1% and those of MRI were 50.0, 100.0, 100.0 and 85.7%, respectively. High maximum SUV level of primary breast cancer was significantly correlated with tumor size ($p=0.041$), lymph node metastasis ($p=0.038$), stage ($p=0.002$) and high histologic grade ($p=0.023$). However, there were no significant correlation with age, obesity, hormone receptor status, c-erbB2 overexpression and lymphovascular invasion.

Conclusions: 18F-FDG PET/CT showed relatively low sensitivity and high specificity in the detection of multifocality and axillary lymph node metastases of primary breast cancer. And High level of maximum SUV would be predictive of poor prognosis, however large prospective study will be needed that 18F-FDG PET/CT could be a useful tool to determine the biological characteristics of preoperative primary breast cancer.

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Poster

Ultrasound guided fine needle aspiration cytology for axillary staging in breast cancer patients – saving time and resources

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Background: Axillary nodal metastasis is one of the most important prognostic factors for breast cancer patients. The methods for detection of nodal metastases include clinical examination, sentinel node biopsy (SNB) and finally axillary lymph node dissection (ALND), the current gold standard. Clinical examination of axilla is an unreliable method due to its subjectivity. ALND is associated with significant morbidity and may be unnecessary in a large number of cases. SNB has emerged as a standard of care in clinically node negative breast cancer patients but is a time and resource intensive procedure. Axillary Ultrasound (AUS) and guided fine needle aspiration cytology (FNAC) may help in identifying a subset of patients who can proceed directly for ALND without undergoing a SNB. The aim of our study was to study the feasibility and accuracy of AUS and FNAC for detecting axillary nodal metastases.

Material and Methods: 70 previously untreated patients with histologically proven breast cancer on core needle biopsy were studied. All patients underwent AUS and guided FNAC followed by definitive treatment of the breast cancer including ALND. The results of AUS guided FNAC were compared with final histopathological examination of the axillary nodes to determine sensitivity, specificity and positive and negative predictive values.

Results: AUS guided FNAC and final histopathology were both positive in 41 of 70 cases (58.6%). In 14 of the 70 cases (20%) both were negative. None of the patients had a false positive AUS guided FNAC. 15 patients (21.4%) who were considered node positive on AUS guided FNAC did not show any nodal metastases subsequently on histopathology. The sensitivity and specificity of AUS guided FNAC was 73.2% and 100% respectively with a negative predictive value of 48.3% and a positive predictive value of 100%.

Conclusion: AUS guided FNAC is accurate in predicting the axillary status in over 78% of patients with breast cancer. It is a minimally invasive